

BREAKFAST

CALLALOO	£2.00
ACKEE & SALT FISH	£3.50
SALT FISH	£1.50
SALT FISH FRITTERS (2)	£1.00

SOUP OF THE DAY

	REG	LARGE
CHICKEN, MUTTON		
PEAS SOUP, MORINGA,	£2.00	£3.00
FISH OR VEGETABLE		
EAT IN LARGE BOWL	£5.00	

PORRIDGE OF THE DAY

	REG	LARGE
CORNMEAL, PEANUT,		
BANANA OR OATS	£2.00	£3.00

SIDE DISHES

PATTIES	£1.30
BEEF / MUTTON / CHICKEN / SALT FISH / VEGETABLE	
PATTIE & COCO BREAD	£2.30
CHICKEN & COCO BREAD	£3.50
MACARONI CHEESE	£2.00
CHICKEN STRIPS	£2.00

MEAT & POULTRY MEALS

	SMALL	MEDIUM	LARGE
BAKED CHICKEN	£3.50	£5.50	£6.50
CURRY CHICKEN	£3.50	£5.50	£6.50
FRIED CHICKEN	£3.50	£5.50	£6.50
STEW CHICKEN	£3.50	£5.50	£6.50
JERK CHICKEN	£3.50	£5.50	£6.50
CURRY GOAT	£4.00	£6.00	£7.00
STEW STEAK /LAMB	£4.00	£6.00	£7.00
COW FOOT (Fri & Sat)	£4.00	£6.00	£7.00
LAMB CHOPS (Mon - Thu)	£4.00	£6.00	£7.00
OXTAIL (Thu - Sat)	£4.00	£6.00	£7.00

FISH MEALS

	SMALL	MEDIUM	LARGE
ACKEE & SALTFISH	£4.00	£6.00	£7.50
BONELESS FISH	£4.00	£6.00	£7.50
FRIED HAKE	£4.00	£6.00	£7.50
SALMON		£6.00	£7.50
BROWN STEW BREAM		£6.00	£8.00

ALL MEALS INCLUDE A CHOICE OF PLAIN RICE / RICE & PEAS /COOKED FOOD.
ALSO A CHOICE OF STEAMED VEGETABLES / SALAD/ COLESLAW

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VEGETARIAN MEALS

	SMALL	MEDIUM	LARGE
STEW PEAS	£4.00	£6.00	£7.50
ACKEE & PASTA	£4.00	£6.00	£7.50
ITAL STEW	£4.00	£6.00	£7.50
CURRY VEGETABLES	£4.00	£6.00	£7.50

ALL MEALS INCLUDE A CHOICE OF PLAIN RICE / RICE & PEAS /COOKED FOOD.
ALSO A CHOICE OF STEAMED VEGETABLES / SALAD/ COLESLAW

SUNDRIES

	REG	LARGE
PLAIN RICE	£2.00	£3.00
RICE & PEAS	£2.00	£3.00
HARD FOOD	£2.00	£3.00
FRIED DUMPLING		£0.50
FRIED PLANTAIN		£0.75
STUFFED DUMPLING		£0.60

(Callaloo / Ackee & Saltfish / Jerk Chicken)

DESSERTS

RUM CAKE	£2.00
CARROT CAKE	£2.00
RED VELVET CAKE	£2.00
APPLE CRUMBLE	£1.50
TREACLE SPONGE	£1.50

DRINKS

TROPICAL RHYTHM	£1.30
CANS	£0.60
WATER	£1.00
NURISHMENT	£1.50
NATURAL JUICES	REG £2.00 LARGE £3.00
(CARROT, BEETROOT, FRUIT PUNCH PINEAPPLE, MANGO)	
PUNCHES	£2.00 £3.00
(PEANUT, SEXY OR GUINNESS)	